Move ECG

Installation and Operating Instructions

wi+hings

Table of contents

Important Notice

By using your Move ECG, you expressly agree to the Withings Services Terms and Conditions available on our website**.**

Minimum requirements

Internet access

Access to the Internet is required to:

- Download the Health Mate app,
- Set up your Move ECG,
- Upgrade the firmware.

For more details, refer to "Specifications" on page 51.

Smartphone or device

An iOS device or an Android device (with operational Bluetooth Low Energy and Wi-Fi or 3G/4G) is required to:

- Set up your Move ECG,
- Retrieve data from your Move ECG,
- Interact with your Move ECG,
- Interact with people.

For more details, refer to ""Specifications" on page 51.

OS version

You need iOS 10 (or higher) or Android 6 (or higher) on your device to install and run the Health Mate App.

For any device, BLE (Bluetooth Low Energy) compatibility is required to install your Move ECG.

Health Mate app version

You always need the latest version of the Health Mate app to have all the latest features available.

Description

Overview

Move ECG is the world's first analog watch to record an electrocardiogram (ECG) on demand and detect atrial fibrillation (AFib) via the Health Mate app. AFib is a serious form of irregular heart rhythm, known to be a major risk factor for stroke. To record an ECG, simply press the button once and touch both sides of the stainless steel ring on the top of the watch.

Move ECG is also packed with the advanced activity and sleep tracking features users have come to expect from Withings, including the ability to track calories burned,pace, and distance. But also, for the first time in a Withings activity watch, stairs climbed are tracked via an altimeter. Move ECG also offers connected GPS to map your route, plus automatic recognition of daily activities including walking, running, and swimming, as well as cycling.

Move ECG is water resistant up to 50 meters, features a battery life of up to 12 months, and syncs automatically with the Health Mate app (iOS & Android).

Box Contents

- Move ECG
- CR2430 Battery (already inserted)
- Quick Installation Guide

Refer to "Replacing the battery" on page 42 for more information on battery replacement.

Setting up my watch

Installing the Health Mate app

If the Health Mate app is not already installed on your device, perform the following steps:

1. Type go.withings.com in your device's web browser.
2. Tap **Download** on the App Store or on the Play Store.
3. Tap **Get**.

   The installation process starts.
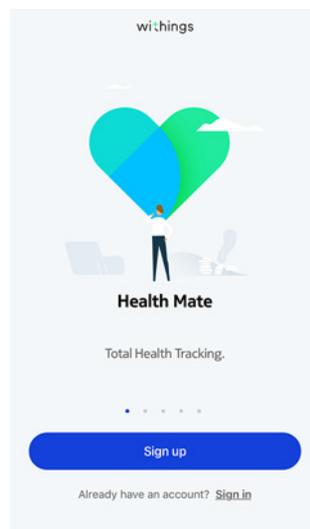
Installing my watch

I'm new to Health Mate

If you don't already have a Health Mate account, you have to create one in order to set up and use your Move ECG.
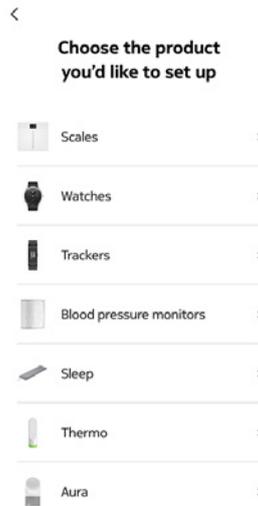
If you already have an account, refer to "I already have a Health Mate account" on page 16.

To install Move ECG, perform the following steps:

1. Open the Health Mate app.
2. Tap **Sign up**.

3. Tap **Watches**.

Choose the product you'd like to set up

- Scales >
- Watches >
- Trackers >
- Blood pressure monitors >
- Sleep >
- Thermo >
- Aura >

4. Tap **Move ECG.**

Watches

- Steel HR >
- Steel HR Sport >
- Withings Move >
- Move ECG >
- Steel >
- Activité >
- Activité Pop >

5. Tap **Install**.

Move ECG

ECG on demand. 24/7. 365
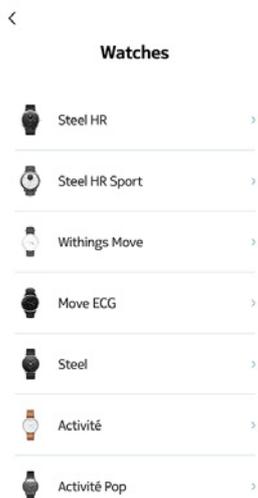
Learn more | Install

6. Press the button on the side of Move ECG and tap **Next**.

Cancel

Get started!

Press the side button once to wake up
your watch.

Next

7. Make sure that your Move ECG is placed close enough to your mobile device.
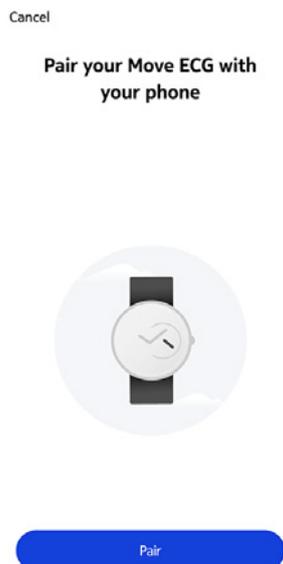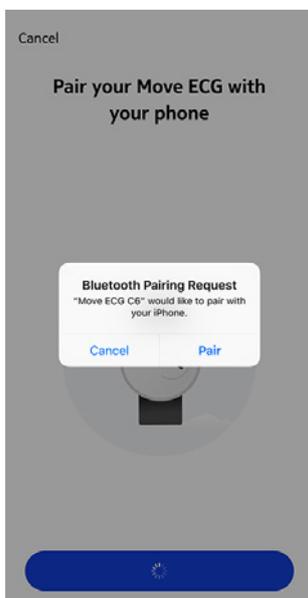8. Tap **Next**.

Cancel

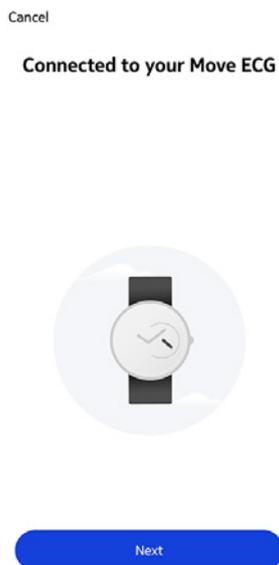**Move ECG detected**

Next

9. Tap **Pair**.

10. Tap **Pair** again.

11. Tap **Next**.

12. Enter your email address, password, and then confirm your password. Tap **Next**.

13. Enter your first name, surname (last name) and birthday. Tap **Next**.

14. Select your gender and enter your current height and weight. Tap **Create**.

15. Please wait a few seconds during the initialization of the watch hands and the update of your Move ECG.

16. Please wait a few seconds during the automatic time configuration.

17. Tap **Yes** if the hands are well initialized or **No** if they are not correctly positioned.

If you select **No**, you will be prompted to set the hands.

18. Slide your finger on the wheel displayed in the app until the minute hand reaches noon. Tap **Next**.

Set the minute hand to noon

Twist the dial below to move the hand on your watch.

Next

19. Slide your finger on the wheel displayed in the app until the hour hand reaches noon. Tap **Next**.

Set the hour hand to noon

Twist the dial below to move the hand on your watch.

Next

20. Slide your finger on the wheel displayed in the app until the activity hand reaches the 0% mark. Tap **Next**.

21. Tap **Done**.

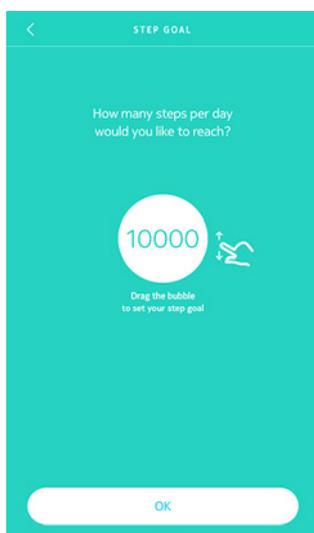Your Move ECG is now properly calibrated and the hands move to their correct position to display the current time.

22. Tap **Done**.

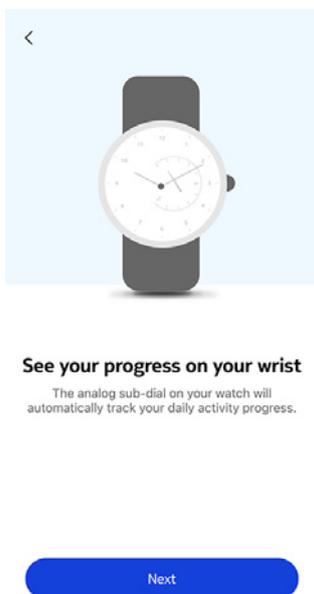23. Tap **Next** twice to set your Activity Goals.
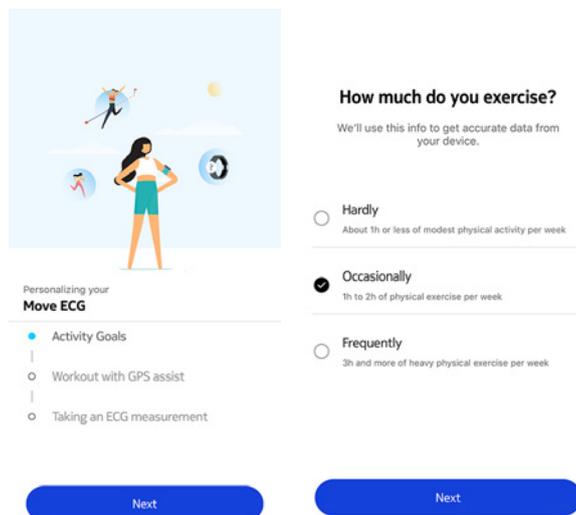
24. Tap and slide the daily step goal up or down to select the goal you want.
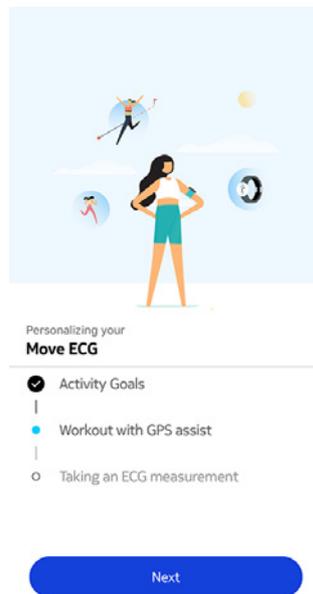

25. Tap **OK**.
26. Tap **Next**.

27. Tap **Next** to discover the Workout with GPS assist feature.

28. Tap **Next** four times to watch the tutorial.

29. Tap **Next** to discover the ECG recording.

Personalizing your
Move ECG

✓ Activity Goals
✓ Workout with GPS assist
● Taking an ECG measurement

Next

30. Tap **Next** three times to watch the tutorial.

What's an Electrocardiogram?
With each heart beat, an electrical wave travels through your heart, making it pump blood. The ECG shows the precise time it takes for this process to happen.

Next

Move ECG can detect A-Fib.
Atrial Fibrillation occurs when the heart starts beating in an irregular pattern instead of pumping regularly.

Next

Move ECG cannot detect heart attacks & strokes.
If you are feeling unwell or believe you're having a heart attack, call your doctor or emergency services.

Next

I already have a Health Mate account

If you already have a Health Mate account, you can get started on the installation process. To do so, perform the following steps:

1. Open the Health Mate app.
2. Tap **Devices**.
3. Tap **+**.

4. Tap **Watches**.

5. Tap **Move ECG.**
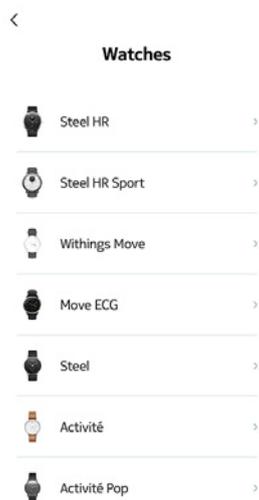
6. Tap **Install**.

7. Press the button on the side of Move ECG and tap **Next**.

8. Make sure that your Move ECG is placed close enough to your mobile device.
9. Tap **Next**.
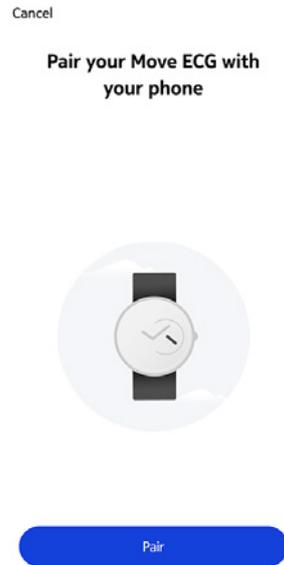
10. Tap **Pair**.

11. Tap **Pair** again.
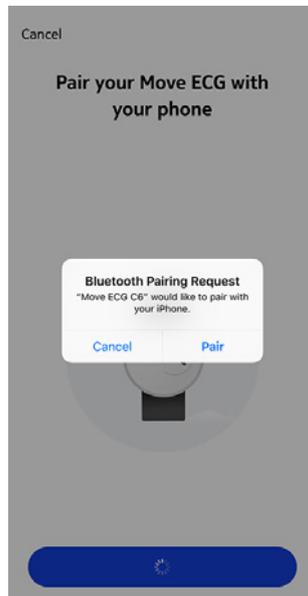
12. Tap **Next**.

13. Select the user who will be using the Move ECG.

14. Please wait a few seconds during the initialization of the watch hands and the update of your Move ECG.

15. Please wait a few seconds during the automatic time configuration.

16. Tap **Yes** if the hands are well initialized or **No** if they are not correctly positioned.

If you select **No**, you will be prompted to set the hands.

17. Slide your finger on the wheel displayed in the app until the minute hand reaches noon. Tap **Next**.

Set the minute hand to noon

Twist the dial below to move the hand on your watch.

Next

18. Slide your finger on the wheel displayed in the app until the hour hand reaches noon. Tap **Next**.

‹

Set the hour hand to noon

Twist the dial below to move the hand on your watch.

Next

19. Slide your finger on the wheel displayed in the app until the activity hand reaches the 0% mark. Tap **Next**.

Set the motion hand to 0%

Twist the dial below to move the hand on
your watch.

Tracker is stuck | Done

20. Tap **Done**.

**Your watch now displays the
right time.**

Try again | Done

Your Move ECG is now properly calibrated and the hands move to their correct position to display the current time.

21. Tap **Done**.

22. Tap **Next** twice to set your Activity Goals.
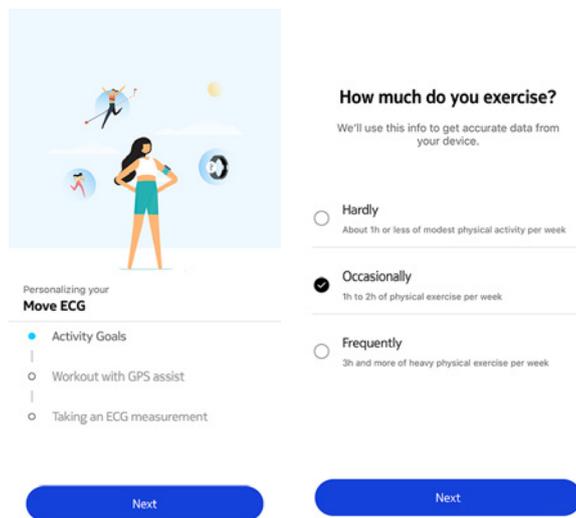
23. Tap and slide the daily step goal up or down to select the goal you want.
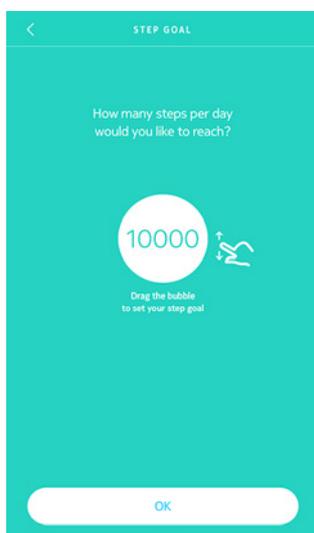
24. Tap **OK**.
25. Tap **Next**.
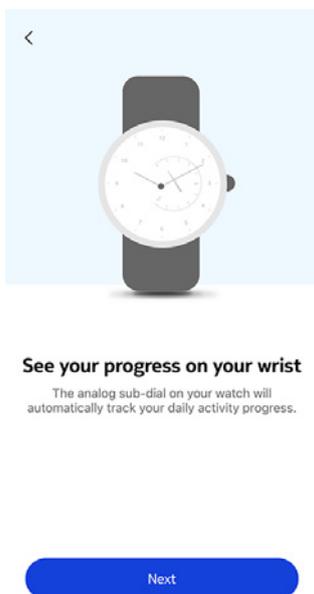
26. Tap **Next** to discover the Workout with GPS assist feature.
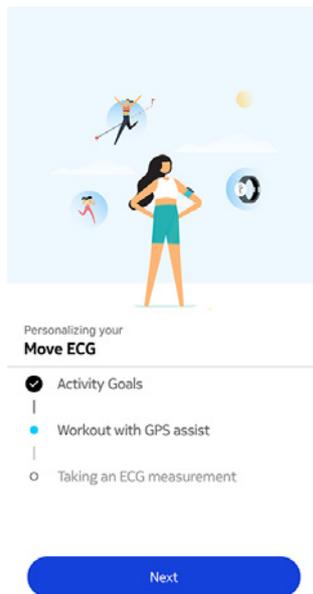
27. Tap **Next** four times to watch the tutorial.
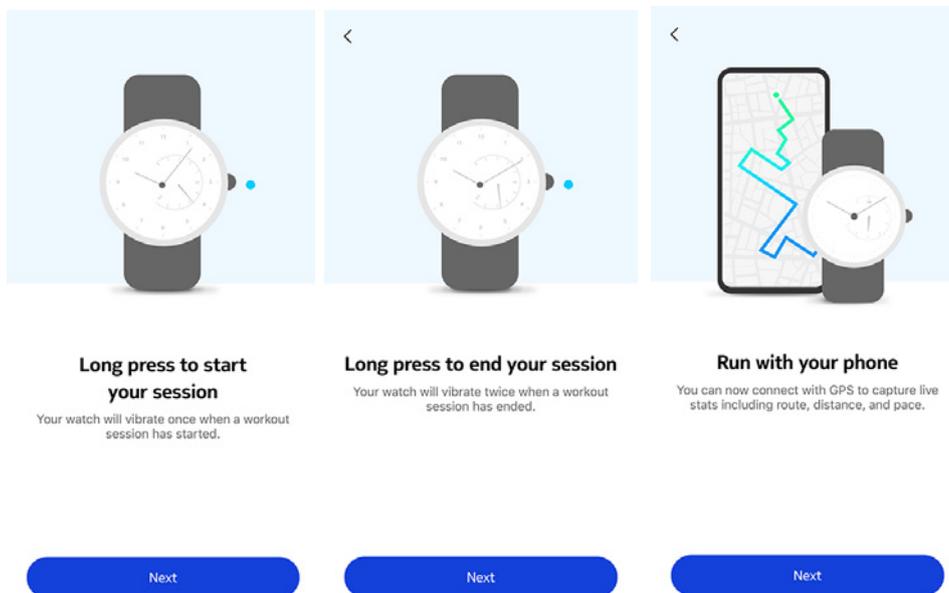
28. Tap **Next** to discover the ECG recording.
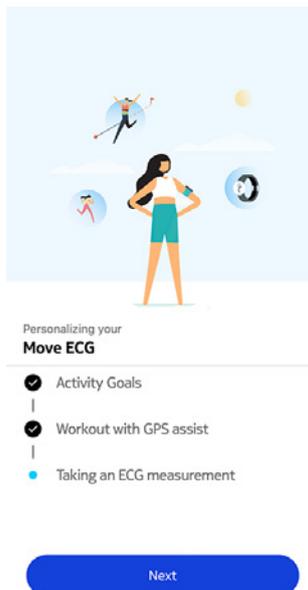
29. Tap **Next** three times to watch the tutorial.
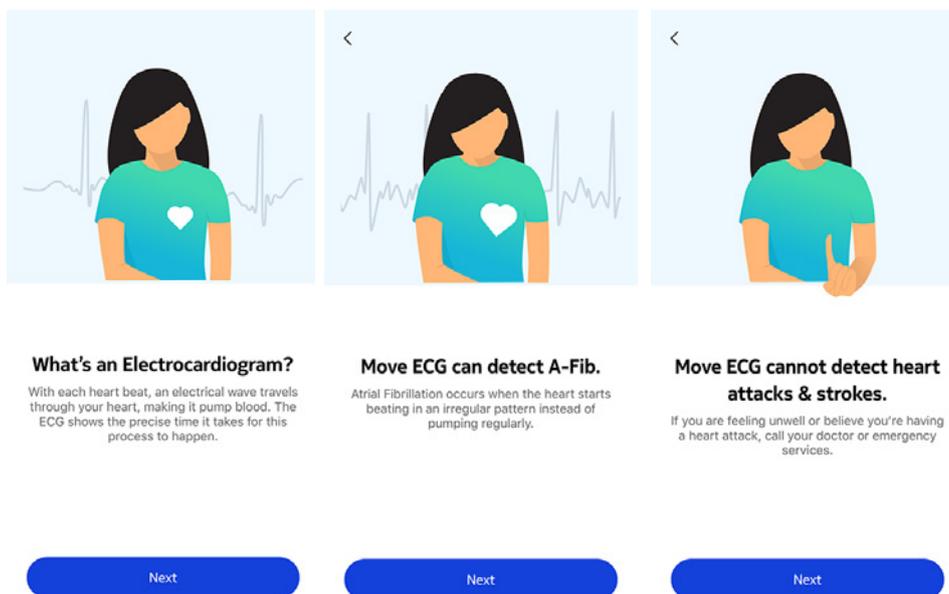
Setting the time

Move ECG is set up using your mobile device, which allows it to be automatically set to the current time, based on the time zone you are in. If you ever have to change time zones while wearing your Move ECG, all you have to do is open the Health Mate app to sync your watch with your device and the correct time will be displayed.

Note that you won't have to worry about daylight savings either. In this case as well, syncing your Move ECG with your device will be enough to update to the correct time.

Wearing my watch

Move ECG should be worn about a centimenter below the wristbone. The wristband should be tight around your wrist in a way that remains comfortable.

Tracking my activity

Overview

Your Move ECG allows you to track your activity: number of steps, run tracking and swim tracking. Whether you are walking, running or swimming, you don't have to do anything to start tracking it. All you have to do is wear your Move ECG, it will do the rest.

The integrated accelerometer allows your Move ECG to automatically count your number of steps and to recognize when you are running. Your running activity, your distance and your calories are calculated thanks to an algorithm based on your number of steps and your personal data (age, height and weight).
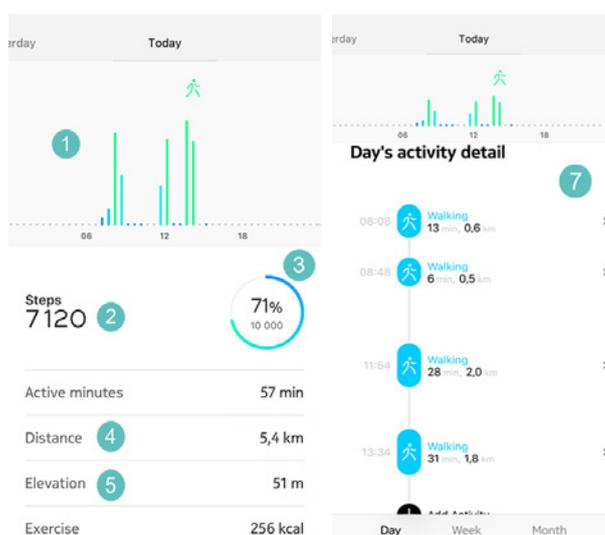
(**1**) Visual representation of the number of steps: each bar corresponds to a 30-minute period

(**2**) Number of steps during the day

(**3**) Percentage of the daily step goal achieved

(**4**) Estimated distance walked during the day

(**5**) Elevation: number of stairs climbed

(**6**) Estimated calories burned during the day (active calories and total number of calories)

(**7**) Day's activity detail

For the first time in a Withings watch, stairs climbed are tracked via an altimeter. The altimeter measures changes in atmospheric pressure (which changes as you gain or lose elevation) to track your elevation. In order for Move ECG to measure elevation, you must both walk forward and up. Climbing a ladder or using an elevator, for instance, will not result in elevation being tracked, while walking up a hill, will. Since atmospheric pressure is used to measure elevation, when using stationary equipment such as a treadmill or a stair-climbing machine, elevation will not be measured as there is no change in atmospheric pressur..

Note:

- 3 meters is equivalent to 1 floor.
- If the altimeter opening of the Move ECG becomes dirty or clogged with debris and sweat, it can prevent the watch from accurately measuring elevation. If this occurs, please clean the back of Move ECG with warm, soapy water and then allow it to dry. The watch should also be cleaned anytime that you work out with it on.

Checking my progress

In order to check your progress in terms of number of steps, all you have to do is have a look at the activity hand. Depending on its position, you can tell what percentage of your daily step goal you have achieved. Once you reach the 100% mark, your watch vibrates and the cycle starts all over again, from 0% to 100%. .

To get even more details, simply log in to the Health Mate app. The app offers many graphs that allow you to easily see your history and your progress from the very first time you use it.

Changing my activity goal

This feature allows you to set a custom daily step goal. To change your daily step goal, perform the following steps:

1. Open the Health Mate app.

2. Go to your **Dashboard**.

3. Tap on **Steps**.

4. Tap on the three dots at the top of the screen.

5. Tap **Step goal**.
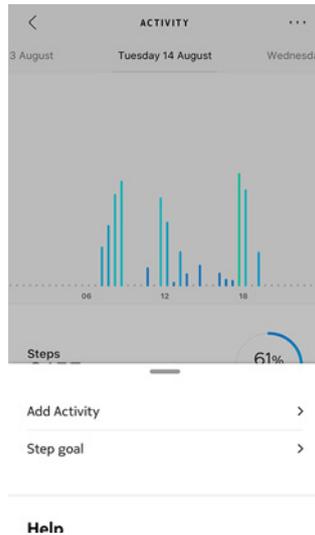
Note that you can change your step goal by selecting a step widget in your Timeline and tapping on the three dots at the top of the screen. You can also go to **Profile** > **Goals** > **Daily steps**.

6. Tap and slide the daily step goal up or down to select the goal you want.
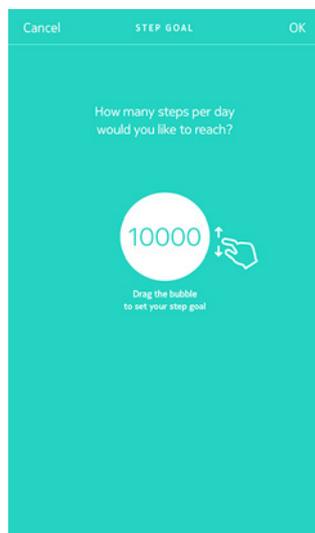
7. Tap **OK**.

8. Sync your Move ECG by opening the Health Mate app and refreshing your Timeline by sliding your finger from top to bottom.

Tracking my swimming sessions

Your Move ECG allows you to track your swimming sessions. All you have to do is wear your watch while swimming. It will automatically detect that you're swimming and track your swimming sessions without any action required on your part.

Once you're done swimming, the Health Mate app will let you know how long your session was and how many calories you've burned.

Tracking my sleep

Overview

Your Move ECG lets you track your sleep without requiring any action on your part. All you have to do is wear your watch when you go to sleep: it will do the rest on its own.

If you do not want to track your sleep, simply don't wear your Move ECG to sleep.

Retrieving my sleep data

You can retrieve the sleep data collected by your Move ECG in your **Timeline** in the Health Mate app.
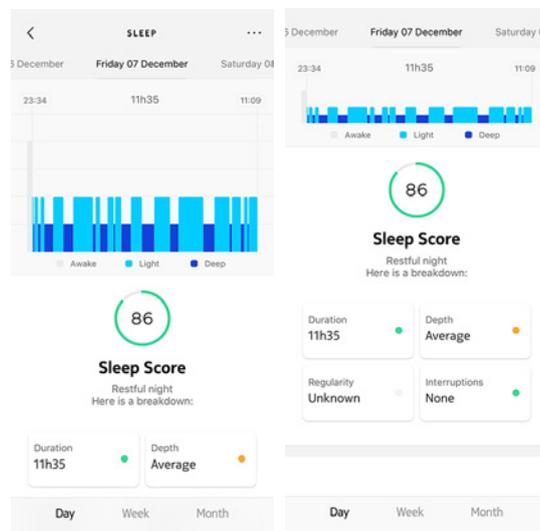
Grey: time spent awake - **Medium blue**: duration of light sleep - **Dark blue**: duration of deep sleep

The Health Mate app keeps your entire history, allowing you to easily track how your sleep data evolves over time.

Setting an alarm

Enabling the alarm

In order to enable and set an alarm, perform the following steps:

1. Open the Health Mate app.
2. Go to **Devices**.
3. Go to **Move ECG** > **Upcoming alarm**.
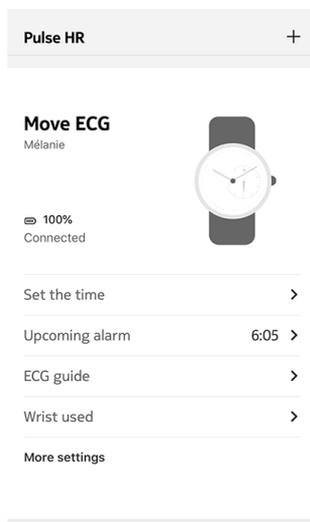
4. Place Move ECG close enough to your mobile device.
5. Tap and slide the wake-up time up or down to select the alarm time.
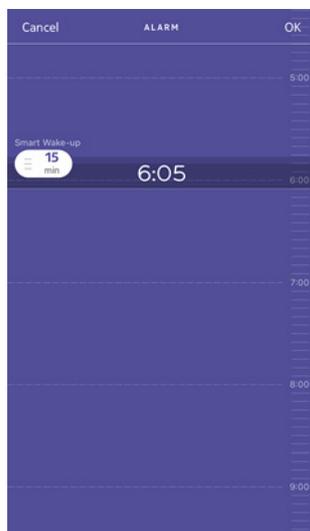
6. If necessary, select a Smart Wake-up time when setting an alarm.

   Your watch will then find the best moment to wake you up during that time period to make for a smoother wake-up experience.

7. Tap **OK**.

8. Tap **Repeat on** if you want to select on which days the alarm should be triggered.
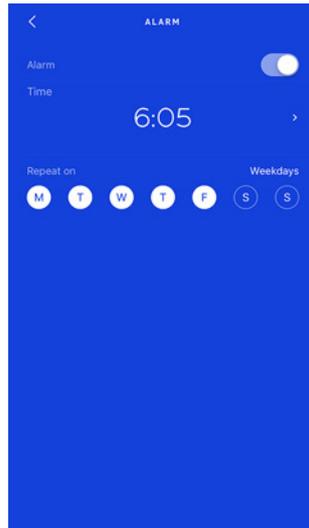
9. Tap the back button to confirm.

Notes:

• Press briefly the button of Move ECG two times to see the time of your next alarm, directly on your watch
• You can set up to three alarms on Move ECG.
.

Disabling the alarm

1. Open the Health Mate app.

2. Go to **Devices**.

3. Tap **Move ECG** > **Upcoming alarm**.
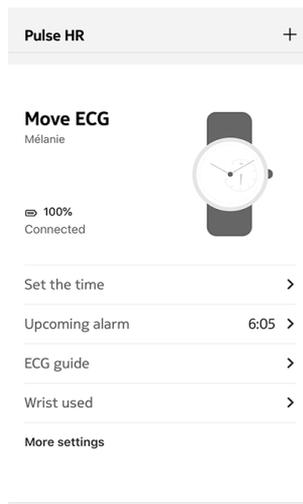
4. Place Move ECG close enough to your mobile device.

5. Tap the **Alarm** toggle to disable the alarm.
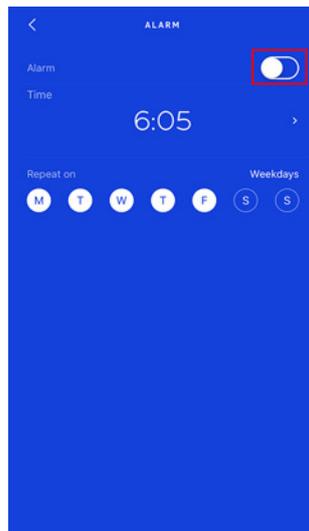
6. Tap the back arrow at the top left of the screen.

   Your alarm is disabled.

Stopping the alarm

You can stop the alarm by pressing the button of your Move ECG. It will stop right away instead of vibrating eight times before stopping on its own.

Multi-sport / Connected GPS

How does the multi-sport feature work?

From yoga, volleyball, and rowing to boxing, skiing and ice hockey, the Move ECG tracks up to 30 activities.

Press the button of your Move ECG for about one second until it vibrates to launch your workout session. The watch will switch to a chronometer: the minute hand of the Move ECG will show the seconds and the hour hand will show the minutes.

You can choose to alternate between the chronometer and the real time by pressing briefly the button two times.

After your workout, you will receive a notification prompting you to open the Health Mate app. The activity detected that appear in the Health Mate app can be edited from a long list of activities in your Health Mate app settings.

You will see a workout overview in the Health Mate app showing the workout duration, the workout intensity, the distance, the pace, as well as your burned calories.
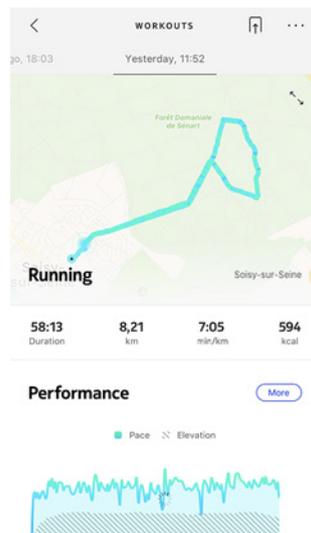
Will the watch still recognize workouts automatically?

The Move ECG tracks walking, running, swimming and cycling automatically. To receive more workout details like pace and route covered, we recommend manually starting the workout mode.

Once you have selected a workout a few times, the Move ECG will learn its movements and recognize it in the future.

If you forgot to launch a workout before your session, the Move ECG detects your movements and add an unknown workout to the Health Mate app. You can then change the type of workout in the app manually.

How does connected GPS work?

Connected GPS means that when running with your smartphone, you will be able to track the route you have covered on a map in the Health Mate app. Also, additional workout metrics such as duration, distance and pace are displayed in real time during the workout on your phone.
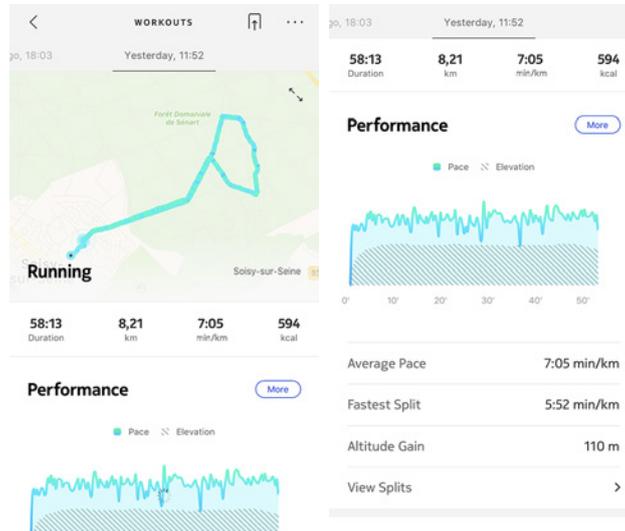
To use connected GPS, you need to launch a distance-based outdoor activity workout session. To do so, perform the following steps:

1. Press the button of your Move ECG for about a second until it vibrates.
    The watch will switch to a chronometer: the minute hand of the Move ECG will show the seconds and the hour hand will show the minutes.
    You can choose to alternate between the chronometer and the real time by pressing briefly the button two times.

2. Press the button until it vibrates when you want to stop your workout session.

Note that your Move ECG needs to be connected via Bluetooth. Connected GPS requires you to enable your location settings of your smartphone.

Move ECG offers Connected GPS for all distance-based outdoor activities such as walking, running, cycling, and canoeing.

Getting more active

Competing with my friends

Overview

Your Move ECG and the Health Mate app help you stay motivated by bringing a social dimension to the equation. You can add your friends and family to your leaderboard and compete with them to be the one who walks the most every week. It doesn't matter if they have a Withings product or not: you can add anyone as long as they have the Health Mate app on their smartphone, thanks to the in-app tracking that can act as an activity tracker.

This feature is only available to the main user of the account.

Adding someone to my leaderboard

You can invite people to join your leaderboard. To do so, perform the following steps:

1. In the Health Mate app, go to **Wellness Programs**.
2. Select **Leaderbord**.

3. Tap **Join**.
4. Tap **Invite**.
5. Select how you want to send your invitation.

Several options are available, such as message, email or social media websites.
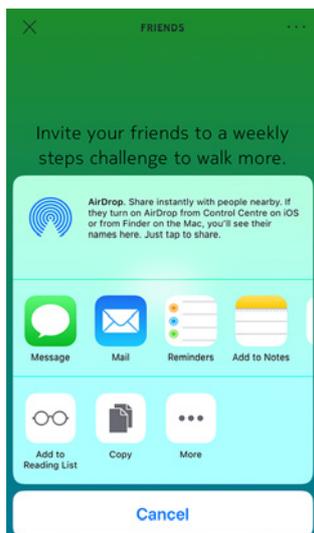
Interacting with someone in my leaderboard

Once you have friends in your leaderboard, you can interact with them by tapping their name and selecting one of the three actions available:

- **Thumb up** to encourage them,
- **Thumb down** to show off,
- **Message** to chat with them.

Adding a social component to your activity tracking is a great way to stay motivated and push your limits.

Competing with myself

Badges

The Health Mate app offers a system of badges, virtual rewards that you unlock after certain achievements. There are two kinds of badges:

- Daily steps badges whenever you reach a certain number of steps on a given day,
- Cumulative distance badges when you reach an overall distance.

Badges are a fun way to stay motivated and to be rewarded for your efforts.

Insights

Once you have been using your Move ECG for a few days, the Health Mate app will provide you with Insights. This feature looks at your activity and lets you know when you are more active than usual. Whenever you are less active than usual, the Insights encourage you to keep going so that you can reach your health goal.

Note that it is not possible to disable the Insights.

Syncing your data

Thanks to background synchronization, you should never have to worry about syncing your data, as long as your Bluetooth is always enabled. Background sync is automatically triggered when:

- You have taken more than 1,000 steps since the last sync.
- You have reached your daily step goal.
- More than 6 hours have passed since the last sync took place.
- You change time zones or when daylight savings start.

You can also sync your data manually. All you have to do to sync your data is open the Health Mate app. When you do, your Move ECG automatically syncs your data with the app. Make sure your Move ECG is close enough to your mobile device and the Bluetooth is activated on your device or you will not be able to synchronize your data.

⚠️ **Your Move ECG has a limited memory. Make sure you open the app regularly so that you do not lose any of your data.**

Dissociating your watch

Dissociating your Move ECG allows you to remove it from your account. Once it is no longer linked to your account, it can be installed on another account or on the profile of another user of your account.

ⓘ **Dissociating your Move ECG will not remove any of your data from the Health Mate app.**

To dissociate your Move ECG, perform the following steps:

1. Press and hold the button of your Move ECG for 10 seconds. Workout mode will start after pressing the button for about one second, but continue pressing it until the watch vibrates 2 times.

2. Release the button. The activity hand goes to the 50% mark.

3. Press the button 5 times so that the activity hand reaches progressively the 0% mark. Please wait until the activity hand reaches each mark of the activity dial before pressing the button again.

4. Your Move ECG has been correctly reset and the hands move to their initial position.

5. Go to the Bluetooth settings of your mobile device and "forget" your Move ECG (for iOS users only).

6. Open the Health Mate app.

7. Go to **Devices**.

8. Tap **Move ECG**.
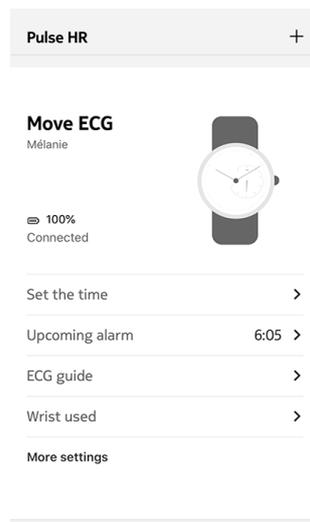
9. Tap **Dissociate this product**.
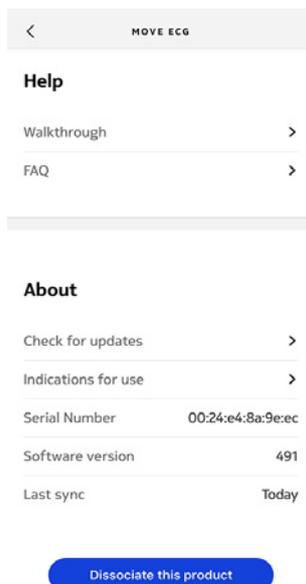
10. Tap **Remove from my account**.
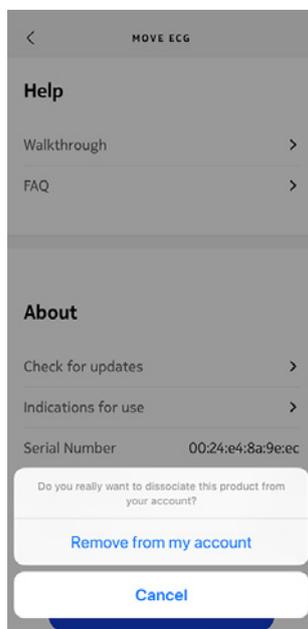
Cleaning and maintenance

Cleaning my watch

1. Use a lint-free cloth moistened with water to clean the glass and casing of your Move ECG.
2. Run the silicone band under water and rub it with hypoallergenic soap to clean it.
3. Dry the silicone wristband with a soft cloth.

Replacing the battery

The battery needs to be replaced when the hands stop moving and when the watch no longer vibrates when you press the button. The Move ECG will run for approximately 12 months on a standard watch battery.

We recommend to go to a watchmaker if you want to install a new CR2430 battery. If the time does not seem correct after replacing the battery, you may need to recalibrate the hands of your Move ECG.

Refer to for more information.

Replacing the wristband

You can easily replace the wristband of your Move ECG thanks to the quick release spring bars with which it is attached.

To change the wristband, perform the following steps:

1. Turn your Move ECG over.
2. Locate the knob of each spring bar.
3. Pull the knob of the first spring bar to the left side and remove the wristband.
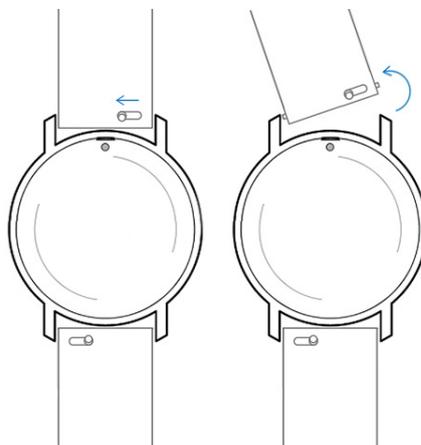
4. Insert one side of the spring bar of the new wristband.

5. Put the wristband in place while pulling the knob to the left side.
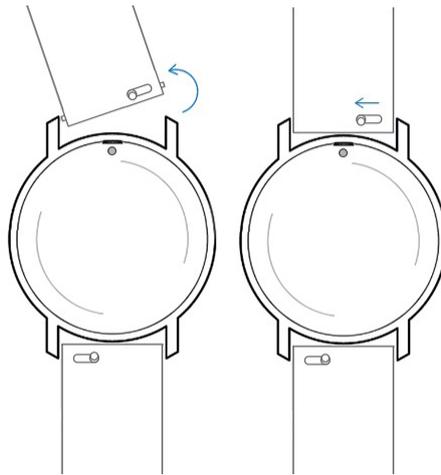
6. Release the knob.

   The wristband is now properly attached to your Move ECG.

7. Repeat the previous steps for the other side.

Calibrating the hands

If you ever feel that the time displayed on your Move ECG is incorrect, you may need to recalibrate the hands. To do so, perform the following steps:

1. Open the Health Mate app.

2. Go to **Devices** > **Move ECG.**

3. Tap **Set the time**.

   Make sure that your Move ECG is placed close enough to your mobile device.

4. Tap **Yes** if the hands are well initialized or **No** if they are not correctly positioned.

If you select **No**, you will be prompted to set the hands.

5. Slide your finger on the wheel displayed in the app until the minute hand reaches noon. Tap **Next**.

6. Slide your finger on the wheel displayed in the app until the hour hand reaches noon. Tap **Next**.

<

Set the hour hand to noon

Twist the dial below to move the hand on
your watch.

Next

7. Slide your finger on the wheel displayed in the app until the activity hand reaches the 0 mark. Tap **Done**.

<

Set the motion hand to 0%

Twist the dial below to move the hand on
your watch.

Tracker
is stuck   Done
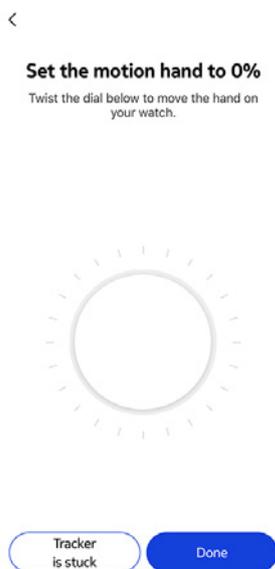
8. Tap **Done**.

You are done!
Your watch now displays the right time.

Try again   Done

Your Move ECG is now properly calibrated and the hands move to their correct position to display the current time.

Updating the firmware version

We regularly offer new firmware versions so that you can benefit from the latest features we add to our products. When a new firmware version is available, the Health Mate app usually prompts you to install it through your **Timeline**.

⚠️ **Make sure you sync your Move ECG before updating the firmware version. Failing to do so will result in a loss of data.**

However, you can check if updates are available and force their installation whenever you want. To do so, perform the following steps:

1. In the Health Mate app, go to **Devices** > **Move ECG.** .

2. Tap **More settings**.
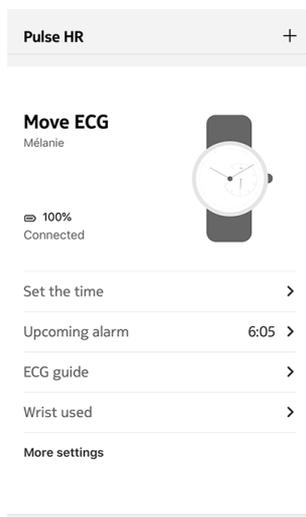
3. Tap **Check for updates**.
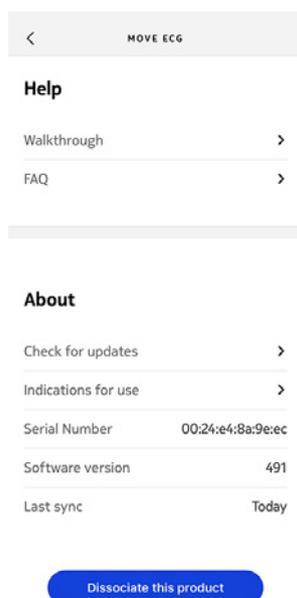
4. Put your Move ECG close enough to your mobile device.

If your watch is not up to date, the Health Mate app will prompt you to install a new firmware version.

5. Tap **Upgrade**.

6. Tap **Close** when the upgrade is complete.

Note: You can check which firmware version your Move ECG uses in **Devices** > **Move ECG.**

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For any question please contact Withings at : https://support.withings.com/hc/en-us/requests/new.

Legal notice

⚠ **By using your Move ECG you expressly agree to the Withings Services Terms and Conditions available on our** website**.**

This product is not a medical device and should not be used to diagnose or treat any medical condition.

Personal data

- Make sure you have read our privacy policy, which you can find on our website.
- Make sure your Withings account password is secure enough to restrict access to your account. It should be at least eight-character long, have mixed case, and use a combination of alphanumeric and special characters.
- We recommend that you protect access to the Health Mate app with an additional passcode and/or Touch ID. You can do so from the app by going to Settings in the app and activating **Touch ID** and **Passcode** (only for iOS).
- We recommend that you export your data on a regular basis to local storage on your home computer. You can do so from the Health Mate web interface by clicking your **Profile picture** > **Settings** > **User Preference** > **Download my data**.

Safety instructions

Use and storage

- Use the product at temperatures between 0°C and 35°C (32°F and 95°F).
- Product may be stored in a clean, dry location between -20°C and 85°C (4°F and 185°F) when not in use.
- Avoid any extreme temperature changes.
- Avoid any kind of shocks, be they physical, thermal or otherwise. They may damage internal and external components of your watch.
- Keep the plastic case of your Move ECG away from any sharp or hard objects to prevent any scratches.
- Keep your Move ECG and its accessories out of reach from children, as it contains small parts and may present a choking hazard.
- Do not insert small, narrow objects into the elevation captor of Move ECG as this would damage or destroy the elevation captor.

Water resistance

- Your Move ECG can withstand a pressure similar to that of a 50 m (165 ft) depth. You can, therefore, use it when dishwashing, splashing or swimming. However, it can't be used for diving or snorkeling.
- Do not press the button of your watch when it is under water.
- Avoid long exposure to salt water. Make sure you rinse your watch with fresh water after spending time swimming in salted water.
- Avoid exposure to any chemical products such as solvents, detergents, perfumes or cosmetics. They may damage the wristband or the casing of the watch.
- Avoid extreme atmospheres (e.g., saunas or steam rooms).

Service and maintenance

- Do not attempt to repair or modify your Move ECG yourself. Service and maintenance not described in this user guide should be performed by professional technicians.
- Exposure to high or low temperatures may shorten battery life.
- The aging of the materials may affect the water resistance of the watch. Water resistance cannot be permanently guaranteed.

Specifications

Move ECG

- Plastic case
- Bottom case and top bezel (electrodes) in stainless steel
- Plastic lens
- Watch diameter: 38 mm diameter (1.4 in)
- Watch thickness: 13 mm (0.71 in)
- Weight: 32 g (1.12 oz)
- Wristbands: Fits wrists up to 200 mm. (7.9 in.)
- Water resistant up to 50 m (5 ATM)

Metrics and features

- Electrocardiogram: single lead ECG recorded in 30 seconds
- Altimeter: number of floors climbed
- Walking and running: steps, distance, calories
- Heart rate: beats per minute (only during the ECG measurement)
- Swimming: session duration, calories, type of swimming
- Sleep: deep and light sleep phases, sleep interruptions
- Silent alarm
- Automatic detection of activities, no need for user's action
- Workout mode: press the side button to launch a workout with a timer, plus get a map of your session with distance, elevation and pace

Battery

- 1 CR2430 Battery
- Up to 12 months in normal use

Sensors

- High precision MEMS 3-axis accelerometer

Certifications

- ECG Monitor used with Move ECG has received CE marking following the Medical Device Directive 93/42/EEC as amended by the 2007/47/EC

Connectivity

- Bluetooth Low Energy (Bluetooth Smart Ready). Must enable Bluetooth connection with location settings to enjoy connected GPS functionnality

Compatible devices

- iPhone 4s and higher
- iPod Touch 5th Gen and higher

- iPad 3rd Gen and higher
- BLE (Bluetooth low Energy) compatible Android device

The Move ECG cannot be set up from a computer.

Compatible OS

- iOS 10 and higher
- Android 6 and higher

Document release overview

Release date	Versions	Modifications
August 2019	v1.0	First release

ⓘ **The screenshots in this manual are used for explanatory purposes. Your actual screens may differ from the screenshots in this manual.**

Warranty

Withings One (1) Year Limited Warranty - Move ECG

Withings (France) SA, 2 rue Maurice Hartmann, 92130 Issy-les-Moulineaux ("Withings") warrants the Withings branded hardware product ("Move ECG") against defects in materials and workmanship when used normally in accordance with Withings's published guidelines for a period of ONE (1) YEAR from the date of original retail purchase by the end-user purchaser ("Warranty Period"). Withings's published guidelines include but are not limited to information contained in technical specifications, safety instructions or quick start guide. Withings does not warrant that the operation of the Move ECG will be uninterrupted or error-free. Withings is not responsible for damage arising from failure to follow instructions relating to the use of the Move ECG.

The warranty does not extend to:

- Normal wear and tear such as alteration of the color and/or the material of the wristband, deteriorated glass case, or peeling of the watch case plating.
- Any damage to the watch and its parts resulting from abnormal or abusive use, negligence or lack of care, or accidental damage (such as dents).
- Indirect damages of any kind.

Regulatory statements

FFCC ID: XNAHWA08

Visit withings.com/about-ecg to learn more about the ECG features provided with this product. This information will also be presented in the Health Mate app during setup and then available anytime via your device's settings.

Information for users in Canada

This device complies with Part 15 of the FCC Rules and with Industry Canada licence-exempt RSS standard(s).

Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation. Changes or modifications made to this equipment not expressly approved by Withings may void the FCC authorization to operate this equipment. Radiofrequency radiation exposure information: the radiated output power of the device is far below the FCC radio frequency exposure limits. Nevertheless, the device shall be used in such a manner that the potential for human contact during normal operation is minimized.

Materials

List of materials potentially in contact with the skin during usage: silicone and stainless steel.

For cleaning instructions, please visit withings.com/support/move-ecg

Withings SA hereby declares that the device Move ECG is in conformity with the essential requirements and other relevant requirements of Directive 2014/53/EU. The declaration of conformity can be found at: withings.com/compliance

"The crossed-out wheeled-bin symbol on your product, battery and/or accessories means that the item is classified as electrical and electronic equipment. Such items should not be mixed with general household waste, and must be taken to dedicated collection points at the end of their working life for proper treatment, recovery and recycling. This way you help save valuable resources and promote recycling of materials."